

## **Facilitation ABCs: Fundamentals of Facilitation**

This three-day workshop will equip you with foundational skills to facilitate a meaningful and engaging in-person workshop experience. It is a highly interactive and practical immersion into the world of facilitation.

## Upon completion of this workshop, you will:

- Discuss the elements of an effective workshop session opening and closing.
- Differentiate between facilitating and providing instruction.
- Discuss the experiential learning cycle and its importance for adult learners.
- Describe strategies for designing effective workshop experiences.
- Apply methods for optimizing group reflection and supporting learning transfer.
- Compare and contrast various facilitator-centred and learner-centred methods.
- Describe typical group dynamics as they apply to adults during training and the implications for facilitators.
- Practice how to facilitate discussion and group activities in a workshop environment.

## What's Included:

- Participant handouts.
- Coffee and tea on arrival. Light, mid-morning snacks. Daily lunch.
- Certificate of Participation.

## **Facilitator:**

Gerard Murphy, Barefoot Facilitation Inc.

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