



Confident Communication: Secrets to Speaking Up

In today's increasingly complex work environments, assertive interpersonal communication skills are critical for effective working relationships. How well you communicate directly impacts your ability to collaborate, to handle tough conversations and to engage constructively with colleagues and customers. This practical and interactive session will help you to communicate more effectively in the workplace. You will leave confidently with tips to help you *to listen to understand and speak with assertion*.

Facilitator:

Gerard Murphy, Barefoot Facilitation Inc.

www.trybarefoot.com