

Managing Self and Others

Today, effective managers and supervisors must exhibit adaptability and resilience in an ever-changing business environment and assume accountability for their own performance. They understand what motivates behaviour in themselves and others and have the skills to coach others to be successful.

In this interactive, half-day course you will explore what it means to be a successful manager/supervisor. You will leave with increased self-awareness about your individual approach to leadership and with new strategies to recruit, coach, mentor, evaluate and inspire staff to contribute to organizational success.

Learning Outcomes:

- Define the role of the manager/supervisor.
- Complete the *Personality Dimensions*[®] self-assessment process.
- Recognize your own unique blend of strengths and qualities, and appreciate others' differences.
- Explore strategies to relate to, communicate with, teach, motivate, lead and engage others.
- Use your knowledge of self and others to enhance your own and others' performance.

Facilitator:

Gerard Murphy, Barefoot Facilitation Inc.

www.trybarefoot.com