

Conversations that Count: Survival Strategies for Effective Communication

In today's competitive business world and team-based work environment, interpersonal communication is a critical element of lasting success. How well you communicate can make or break how others view your work performance, your approach to team work and even your chances for career advancement.

Join us for this full--day workshop to improve your interpersonal communication in the workplace. You'll leave with new tips and techniques to help you listen to understand and speak to be heard!

Learning Outcomes:

- Describe the elements of successful communication within teams and workplaces.
- Discover blocks to interpersonal communication.
- Describe the importance and power of positive non-verbal communication in building rapport.
- Explain the importance of body language in the listening process.
- Apply 5 techniques to enhance communication and assertiveness in the workplace.
- Identify personal goals for enhanced interpersonal communication at work.

Facilitator:

Gerard Murphy, Barefoot Facilitation Inc.

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